

NH Early Psychosis Resources

1. **Onward NH** – First Episode Psychosis/Early Serious Mental Illness (FEP/ESMI)

- Website with information and resources
- Includes webinars on the Education page: [Onward NH Webinar Series](#)

2. **Early Psychosis Treatment: HOPE – Helping Overcome Psychosis Early**

HOPE is a treatment program offered by four NH Community Mental Health Centers*. It is a collaborative, team-based approach to early psychosis care that includes case management, family education, individual therapy, peer support, medication management, and supported education and employment.

- **Center for Life Management, Derry/Salem**
Coordinator: Sandy Norton, snorton@clmnh.org
Team Lead: Ashley O'Donnell, 603-965-0675, aodonnell@clmnh.org
- **Greater Nashua Mental Health, Nashua**
Coordinator: Heather Carver, 603-889-6147 Ext. 3525
- **Monadnock Family Services, Keene**
Team Leader: Lyla Austin, 603-499-3569, laustin@mfs.org
- **Seacoast Mental Health Center, Portsmouth/Exeter**
Coordinators: Karla LaRochelle 603-957-5873, klarochelle@smhc-nh.org, and
Patty Driscoll, 603-957-5796, pdriscoll@smhc-nh.org

*CMHCs which do not have HOPE programs are still able to provide quality treatment to individuals with a First Episode of Psychosis for those in their catchment areas.

3. **NAMI NH Resources**

- **Information and Resource Line:** info@naminh.org or 1-800-242-6264 (press 4)
- **Family Support Group, Early Education and Support**
 - Register [here](#).
 - Virtual (via Zoom)
 - 2nd and 4th Tuesdays at 6:00 – 7:30 pm
 - Contact Ebony Martin emartin@naminh.org

4. **Advocacy for Early Psychosis** – FEP Monthly Stakeholder Workgroup

- Virtual (via Zoom)
- 3rd Tuesday of month
- 4:00-5:00pm
- Contact Ebony Martin
 - emartin@naminh.org
 - 225-5359, Ext. 550

5. **Hearing Voices Network**

- www.hearingvoicesusa.org